

FINDING YOUR *PURPOSE* AND
PASSION FOR THE
PEOPLE YOU ADVISE

Shalece Nuttall | Academic Advisor | Utah Valley University

THINK BACK TO YOUR FIRST DAY OF ADVISING...

- What was it like?
- Were you excited?
- What things did you want to accomplish?
- What was your purpose as an advisor?

THINK BACK TO YOUR MOST RECENT DAY OF ADVISING...

- What was it like?
- Were you excited?
- What things did you want to accomplish?
- What was your purpose as an advisor?

PURPOSE, PASSION, PEOPLE

- Define Purpose, Passion and the People we advise
- Advisors who are passionate
- Tips to re-create your purpose and passion in advising

PURPOSE DEFINED

- The reason why something is done or used: the aim or intention of something
- The feeling of being determined to do or achieve something
- The aim or goal of a person: what a person is trying to do, become, etc.

-Merriam-Webster's Learners Dictionary

PURPOSE DEFINED

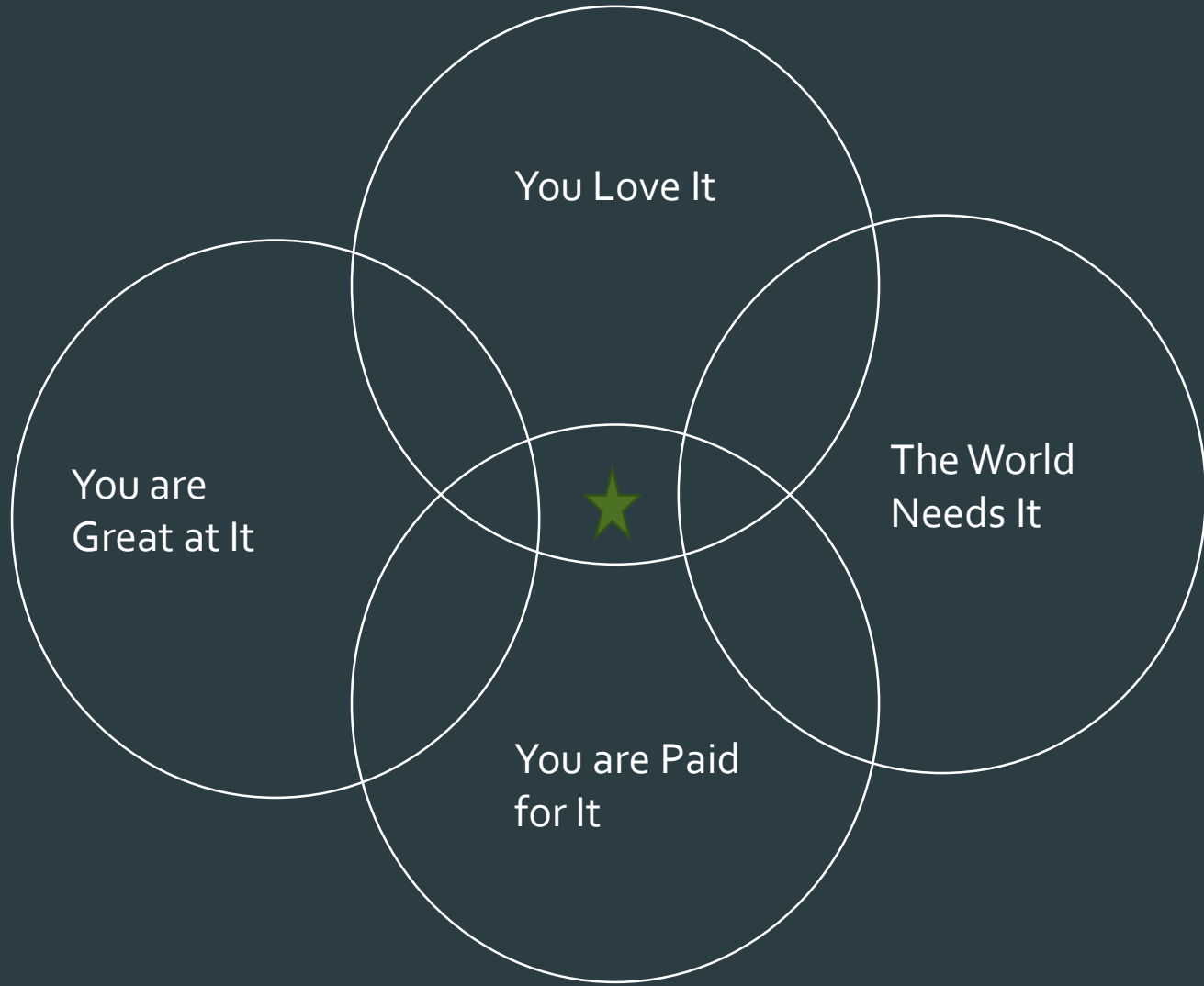
- The force that drives us.
- That little flame that lights a fire under you're a\$\$.

-Urban Dictionary

PURPOSE DEFINED

The intention to contribute to the well-being of others

-Angela Duckworth



★ Purpose

Studio Insights by Michael David
Sturlin-The Importance of Purpose

TAKE A MINUTE-IDENTIFY YOUR PURPOSE

- Why are you an advisor?
- Why do you do what you do?
- What do you hope to accomplish with your students?
- How do you use your purpose when advising students?

PASSION DEFINED

A strong feeling of enthusiasm or excitement for something or about doing something

-Merriam Webster

PASSION DEFINED

Passion is when you put more energy into something than is required to do it. It is more than just enthusiasm or excitement, passion is ambition that is materialized into action to put as much heart, mind body and soul into something as is possible

-Urban Dictionary

PASSION DEFINED

Passion for your work is a little bit of *discovery*, followed by a lot of *development*, and then a lifetime of *deepening*

-Angela Duckworth

Working hard for something
hard we don't care about is
called stress; Working hard
for something we love is
called passion.



TAKE A MINUTE-IDENTIFY YOUR PASSION

- What energizes you at work?
- What makes you want to go to work?
- What keeps you going on a busy day?
- Even when you are exhausted, what is it about your work that makes you still feel it is worthwhile?
- What gives you energy and make you feel excited?
- When have you felt the most joy at work?

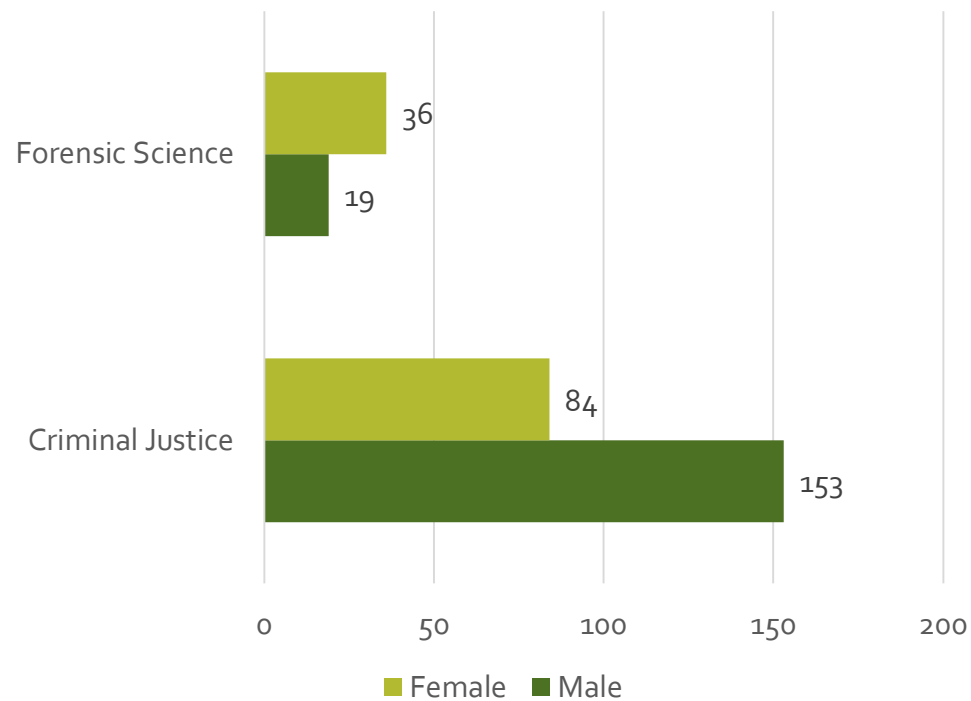
IDENTIFY YOUR STUDENTS

“Academic Advisor make a difference in the Lives of our students. Our students make a difference in the lives and the world of our future. It’s all because we all have passions and desires to make a difference in our students, our institutions and our world.”

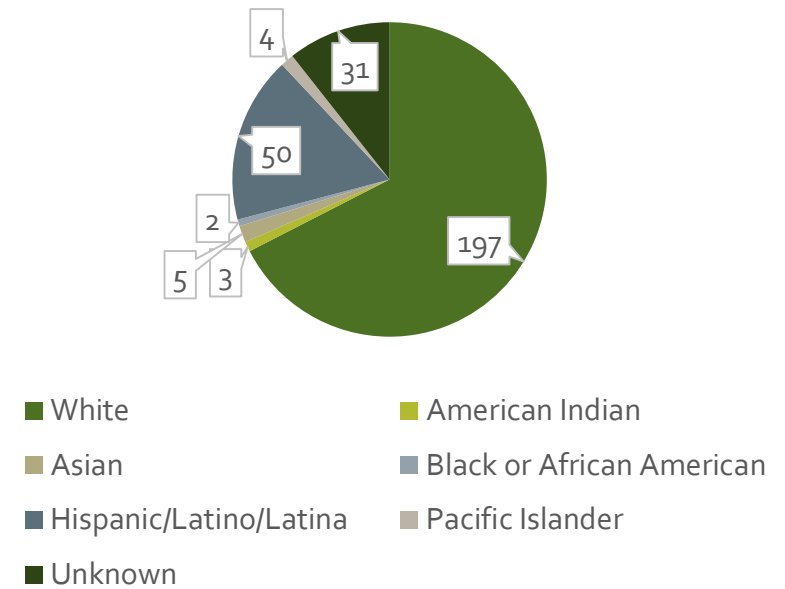
-Charlie Nutt, NACADA Executive Director

IDENTIFY YOUR STUDENTS

Student Gender

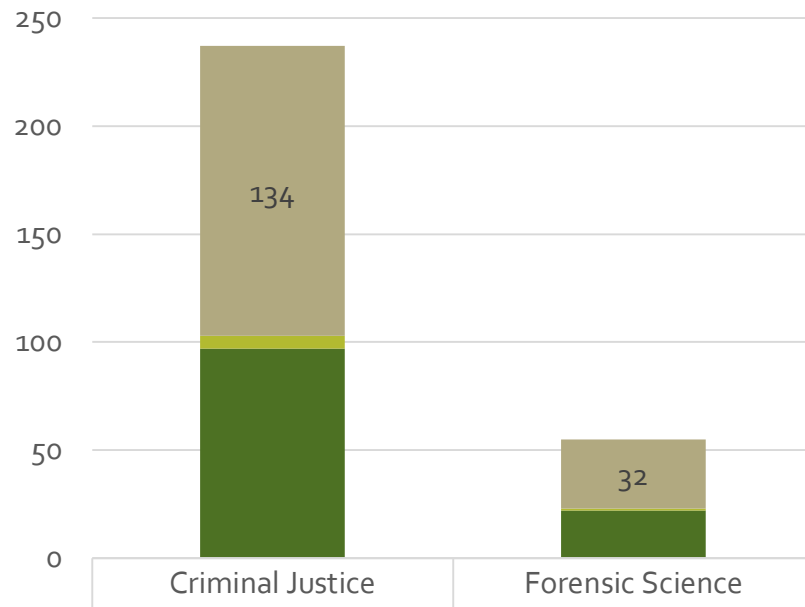


Student Ethnicity

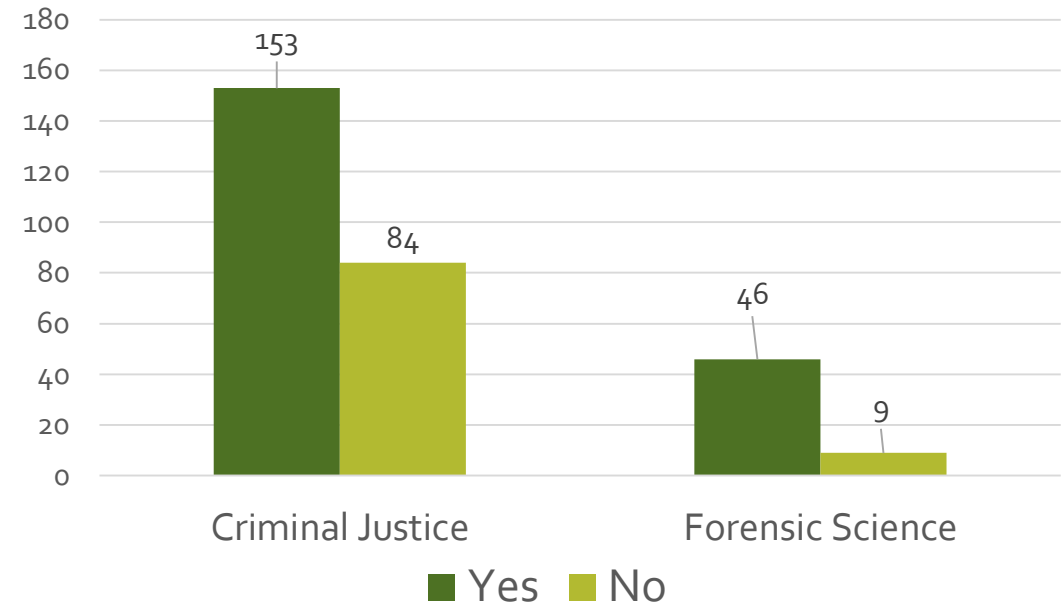


IDENTIFY YOUR STUDENTS

First Generation Status

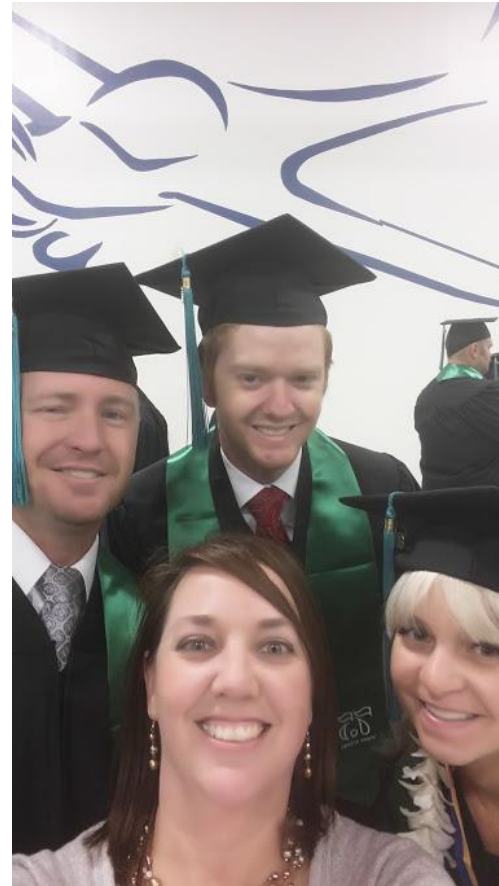


Students Receiving Financial Aid



Not First Generation	134	32
Unknown Status	6	1
First Generation	97	22

IDENTIFY YOUR STUDENTS



HOW YOUR PURPOSE AND PASSION CHANGE OVER THE YEARS

- Changes at University
- Co-workers
- Family Life
- Financial
- Motivation
- Policy/Procedures
- Stress Level
- Students

WAYS TO RECREATE YOUR PURPOSE

- Have informational interviews
- Network
- Set goals for yourself
- Write your purpose down and share it

WAYS TO RECREATE YOUR PASSION

1. Reconnect with your strengths
2. Challenge the “Norm” in the office
3. Learn something new once a week
4. Connect with your co-workers
5. Go back to the basics
6. Make a list of what has been bringing you down
7. Find a mentor

JOHN QUIÑONES

“Whatever profession you pursue...make sure it’s not just a job but rather, a career for which you have a REAL PASSION. Chase that dream because there’s a *fire in your belly* that *burns* for it. Choose a profession that you would work at-even if you weren’t getting paid for it. That will bring you true happiness and satisfaction.”

-Commencement Speech to UVU graduates, April 28, 2016



Allow your **passion**

to become your

purpose,

and it will one day become your

PROFESSION.

--Gabrielle Bernstein

RESOURCES

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